







April 2021

Team Hill AFB - Sexual Assault Prevention & Response (SAPR)

# #30DaysOfSAAPM

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|--|---|--|--|---|--|---|
| <p><i>April is Sexual Assault Awareness Month</i></p>    |   |  | <p>1<br/><b>#30DaysOfSAAPM Start-up Day</b><br/>Share thoughts of what this month means to you!</p>                            | <p>2<br/><b>Paint The Town Teal</b><br/>Post a picture of a banner, ribbon tied to a tree, or other ways to observe SAAPM</p>         | <p>3<br/><b>I Stand With You!</b><br/>Share a message of support to Survivors of Sexual Violence</p>   |   |
| <p>4<br/><b>SAAPM Eggs-travaganza</b><br/>Post a picture of a decorated Easter Egg in Support of SAAPM</p>  | <p>5<br/><b>SAPR Trivia</b><br/>Visit Hill AFB SAPR Facebook or Instagram and answer a trivia question for a chance to win a prize</p>  | <p>6<br/><b>TEAL Tuesday</b><br/>Post a selfie or group photo wearing TEAL in support of SAAPM</p>  | <p>7<br/><b>Pop Culture</b><br/>Post or share your favorite positive examples of consent from pop culture</p>                  | <p>8<br/><b>SAPR Open House and Proclamation</b><br/>Visit Hill AFB SAPR office (Bldg 460) between 11-2 and sign our Proclamation</p> | <p>9<br/><b>SAPR SWAG</b><br/>Post or share a photo of your favorite piece(s) of SAPR SWAG you own or stop by SAPR to grab some</p>  | <p>10<br/><b>Self-Care Saturday</b><br/>Post or share ideas of self-care routines you use</p>   |
| <p>11<br/><b>The Invisible War</b><br/>Watch the film "The Invisible War" then post/share your favorite quote</p>  | <p>12<br/><b>SAPR Trivia</b><br/>Visit Hill AFB SAPR Facebook or Instagram and answer a trivia question for a chance to win a prize</p>   | <p>13<br/><b>"All Things TEAL" Tuesday</b><br/>Post a photo of ANY item in the color of TEAL in support of SAAPM</p>   | <p>14<br/><b>SAPR History</b><br/>Post or share your most memorable moment in SAPR History - good or not so good</p>           | <p>15<br/><b>SAPR Wacky Walk</b><br/>Post or share a photo of your participation in Hill SAPR's "Wacky Walk" Event</p>                | <p>16<br/><b>The Real Teal</b><br/>Post or share a picture that supports the importance of "Start by Believing" or "I Believe you"</p>  | <p>17<br/><b>Spell it out:SAAPM</b><br/>Use objects to form the letters S-A-A-P-M and post your photo on our social media outlets<br/><i>-See Flyer</i></p> |
| <p>18<br/><b>It's Black &amp; White</b><br/>Post or share a photo showing the importance of building a Culture of Consent is "Black and White"</p>   | <p>19<br/><b>SAPR Trivia</b><br/>Visit Hill AFB SAPR Facebook or Instagram and answer a trivia question for a chance to win a prize</p>  | <p>20<br/><b>SAPR TEAL Tuesday</b><br/>Post a selfie or group photo wearing a SAPR T-shirt or Hoodie</p>   | <p>21<br/><b>#WhyIAdvocate Submissions</b><br/>Post / submit a photo holding a sign of why YOU advocate w/hashtag</p>          | <p>22<br/><b>2021 SAAPM Event</b><br/>Attend our Virtual Event w/ Keynote Speaker Mike Domirtz from 11-12 pm (MST)</p>                | <p>23<br/><b>Friends of SAPR</b><br/>Post a photo of a pet or animal that can offer emotional support</p>  | <p>24<br/><b>Spread The Word</b><br/>Encourage your family and friends to "like" us Facebook or "follow" us on Instagram</p>                                |
| <p>25<br/><b>SAAPM Snack Time</b><br/>Post a photo spelling out S-A-A-P-M using your favorite snack foods</p>  | <p>26<br/><b>SAPR Trivia</b><br/>Visit Hill AFB SAPR Facebook or Instagram and answer a trivia question for a chance to win a prize</p>   | <p>27<br/><b>It's Denim Tuesday</b><br/>Post a selfie or group photo wearing jeans in honor of Denim Day, taking a stand against victim blaming</p>                                  | <p>28<br/><b>Words of Thanks</b><br/>Share your appreciation for the Helping Agencies supporting victims of Sexual Assault</p> | <p>29<br/><b>ICAC Event</b><br/>Attend the Virtual Event presented by Internet Crimes Against Children from 2:30 to 4:30 (MST)</p>    | <p>30<br/><b>SAAPM Reflection</b><br/>Share your feelings about SAAPM and share them in a creative and unique way. Watch our Video online!</p>   |    |

Join us for our daily virtual event located on our Social Media Pages. Show support while winning prizes!



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