

HILL AFB IDS HELPING AGENCIES **QUICK REFERENCE GUIDE**

SPONSORED BY HILL AFB INTEGRATED DELIVERY SYSTEM (IDS)

The mission of the IDS is to integrate base helping agencies into one seamless team that provides the right help at the right time to active duty military, family members, DoD civilians, and retirees. The IDS is committed to increasing the sense of community and assisting Airmen, their families, and the community manage life demands through services, prevention programs, and educational opportunities at Hill Air Force Base.

Alcohol and Drug Abuse Prevention and Treatment (ADAPT) 801-777-7909

Bldg 545

Promote readiness and health and wellness through the prevention and treatment of substance abuse. Active duty members and eligible beneficiaries receive substance abuse services as authorized through their selected health care option. Hill GS/NSPS employees also evaluated. Airmen Against Drunk Driving (AADD) can be reached by calling 777-1111.

Airmen and Family Readiness Center (AFRC) 801-777-4681

Bldg 150

Supports readiness through programs for all AF & DoD personnel and their families. Services include: Air Force Aid Society, locate other squadron/unit Key Spouse, Exceptional Family Member Program – Family Support (EFMP-FS), Finance classes, Parenting classes, Marriage classes, Hearts Apart Program for deployed families, pre-deployment/re-integration (spouses included), base volunteer coordinating, and resume help. FB page at “Hill AFB Key Spouse Group,” “HAFB Family Readiness Staff,” and 75th Force Support - Hill AFB.”

Website at www.75thforcesupport.com

Behavioral Health Optimization Program 801-728-2600

75 MDG Clinic

Primary care service which offers individual assistance when stress, worry, behavior, habits or emotional concerns are interfering with daily life. Services are provided in the MTF for Tri-Care beneficiaries. Seek referral through PCM.

Chaplain Services 801-777-2106

Bldg 133

The Chapel team supports religious free exercise and provides confidential pastoral care in all faiths for Team Hill. For after hours chaplain services call 807-777-3007.

FB page at “Hill Air Force Base Chapel”

Child Care and Youth Services 801-777-6331

Bldg 470

Child Development Center (CDC)

Serving children ages 6 weeks-5 years. Waiting list is maintained. Fees are based on Total Family Income. Drop-In care is provided on a space available basis.

Family Child Care (FCC), 801-777-0695, Bldg 460

Home care provided for children ages 2 weeks to 12 years old. Care includes evening, weekend, TDY, Special Needs, Extended Duty, hourly, full-time, and before and after school. Providers are licensed through the Base Commander after completing training requirements. List updated monthly.

Youth Center (YC), 801-777-2419, Bldg 883

Services are offered through our School Age, Pre Teen, Teen including Youth Sports and Instructional programs. For more information go to www.75thforcesupport.com for this and other PSS programs.

FB page at “75th Force Support - Hill AFB.”

Civilian Health Prevention Service (CHPS) 801-586-9586

Bldg 533

CHPS mission is to improve the health and well-being of the AF civilian workforce. Services provided include: Cardiac Risk Profiles (Cholesterol Screening), Blood Pressure screenings, and educational classes and briefings.

Check out our FB page at “Hill CHPS”

Website at www.afmcwellness.com

Employee Assistance Program (EAP) 800-222-0364

Bldg 150

EAP provides services for Air Force civilian employees and their families. Consultation, assessments, referrals, short term and solution focused counseling are available. This is a voluntary, confidential, and prepaid benefit plus consultation for supervisors/managers.

Equal Opportunity Office (EO) 801-777-4856

Bldg 150

EO works to improve mission effectiveness by promoting an environment free from institutional and personal discrimination. Offers help to Commanders/Supervisors to conduct programs for equal opportunity and treatment.

Exceptional Family Member Program Family Support (EFMP-FS) 801-586-2611

Bldg 150

Assists families with special needs to find and access resources to benefit and strengthen families. Helps empower parents to advocate for their families allowing each member to meet their greatest potential. Collaborates with SNIAC through the 75 MDG.

Family Advocacy Program (FAP) 801-777-3497

Bldg 545

Goal is to build healthy AF families, free of child and partner abuse/neglect through prevention, identification, and treatment. Offers relationship enhancement programs and a variety of parenting programs. National Family Violence hotline is at 800-799-SAFE. Domestic Abuse Victim Advocate available to support adult victims of domestic violence. Restricted Reporting of Domestic Abuse may be available to you.

FB page at “Hill AFB Family Advocacy and New Parent Program”.

QUICK REFERENCE GUIDE

AGENCIES AND SERVICES AROUND THE HILL COMMUNITY

Health and Wellness Center (HAWC) 801-777-1215 Bldg 533

Mission is to provide a variety of exceptional programs educating and promoting healthy lifestyle choices and behaviors. Target areas include: Optimal Nutrition, Physical Activity, Healthy Weight Management and Tobacco Prevention/Cessation to ensure a fit and healthy force. Located inside the front door of the Warrior Fitness Center. FB page at "Hill HAWC" and website <https://www2.hill.af.mil/hawc>

Mental Health Clinic 801-777-7909 Bldg 545

Outpatient behavioral health care to AD military beneficiaries, to include counseling and medication services. Services may also be available to non-AD and adult Tri-care beneficiaries on a space available basis (referrals provided by your PCM). 24 Hour Crisis Lines available in Davis County at 801-773-7060 and Weber County at 801-625-3700

Military Family Life Consultants

Military Family Life Consultants (Adults) - Bldg- 150 801-388-2501
Military Family Life Consultants (Children) - Bldg 470 801-425-4027
Military Family Life Consultants (Youth) - Bldg 883 801-388-9492

Need to talk? Military & Family Life Consultants (MFLCs) are available to help service members, spouses, children and staff, to address a variety of issues. Consultations are free and anonymous; no records are kept.

New Parent Support Program (NPSP) 801-777-0634 Bldg 545

Personalized home visits to build confidence in all aspects of parenting. NPSP Nurse assists with developmental play, feeding, sleep routines, behavior challenges and more. Serves TriCare beneficiaries with children under the age of 36 mo.
FB page at "Hill AFB Family Advocacy and New Parent Program"

Occupational Medicine Services (OMS) 801-777-1155 Bldg. 249

The OMS Clinic serves all Federal civilian employees on base; the medical staff evaluates, treats, and follows up with occupational injuries and illnesses, and addresses OSHA-related health standards on base. The OMS clinical psychologist assists individuals in crisis or with work-related stress problems, and assists supervisors who are concerned about a distressed or impaired employee.

School Liaison Office/Family Support 360 Military 801-777-5960 Bldg 150

Provides a link between Hill Families and the Utah schools to assist them with problems facing our children. Designed to improve the educational environment and academics of K-12 school aged families; the program will help with school choice, transfer of records, students with special needs and graduation requirements. Family Support 360 Military provides additional assistance, and through empowerment, encourages advocacy for children with special needs.

Sexual Assault Response Coordinator (SARC) 801-777-1964 Bldg 118

Single point of contact for victims from initial report of sexual assault through disposition and resolution of issues related to victim's health and well-being. Restricted and unrestricted reporting options available for victims who qualify.

Victim Witness Assistance Program (VWAP) 801-777-6756

The victim witness assistance program is available to anyone who is the victim of a crime committed by an active duty member. For VWAP assistance select the option for "Military Justice."

Wingman Advocate 801-586-1046 Bldg 849

Provides resources and information to AF civilian employees; connecting with appropriate agencies to improve health and well-being. Contact information for specific Wingman Advocates can be obtained through Rita Roybal. If someone needs help and is a civilian employee in your squadron, provide them with this number and contact.

OTHER AFFILIATED AGENCIES

American Red Cross 801-627-0000

Volunteer led organization providing help in emergency situations and disasters. Services include Armed Forces emergency notification system and First Aid/CPR instructors.
Website at www.utahredcross.org

Legal Office 801-777-6756 Bldg 1278

Power of Attorney, Wills, & walk-in hours available. Call for details.

Military One Source 800-342-9647 (24/7)

Resources with Internet, telephone, and face-to-face assistance. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information.
Website: www.airforceonesource.com

TriWest Healthcare Alliance/TriCare (Hill Clinic 2nd floor) 888-874-9378

75 MDG Tri Care Chief 801-777-6689
75 MGD TriCare health benefits/debt collections 801-777-6670
TriCare United Concordia 800-866-8499

Local office can assist with duty hour assistance with claim, enrollment, referrals and authorizations. Information can also be obtained at www.triwest.com and www.tricare.mil.

NATIONAL SUICIDE HOTLINE
1-800-273-8255 or 1-800-784-2433

HOTLINES

TRICARE BEHAVIORAL HEALTH /LIVE CHAT
1-866-284-3743 / www.chat.triwest.com