



Happy Labor Day

Family Support Center

September 2004

Hearts Apart Newsletter

Special Event!

He♥rt Link

Wed, September 22nd, 5:00-8:30 pm

Spouses are a critical part of the Air Force. The Heart Link seminar is especially for spouses who have been married to their Air Force member for less than five years. Extremely Fun and Informative!

Great Door Prizes and Refreshments and you get to keep your Air Force 101 Book! Please call the Relocation staff for **FREE** childcare & RSVP @ 777-4681



The system is having difficulties, so continue morale calls as before.

New Hearts Apart Morale Call's

We wish to announce an upcoming enhancement to our Morale Call program; the development of an automated voice recognition phone system. By taking out the middle man, the switchboard operator, you will be able to call your loved ones faster and easier than ever before! Make sure the member gives you a good DSN at their deployed location so you can tell the operator during your initial call.

Then when you, the designated spouse or family member, would like to place a morale call, simply call 777-7221 and select or say option 3. The system will ask for the sponsor's name and PIN (remember to get the pin number from member) and then ask if you are the sponsor, only the military member will answer yes they are the sponsor, for you it is easy because the system will then know the member you want to call and immediately call them. Morale call time is a terrible thing to waste. Of course, you'll still be able to complete your calls through a switchboard operator but why waste those precious minutes. More info will follow.

Chili Cook-off

Don't Forget!

This years Air Force Association Chili Cook-off is Saturday, Oct 2nd from 12:00-3:00 pm at Centennial Park Pavilion. Cost is \$4.00/Person \$8.00/Family

*ALL YOU CAN EAT!



Let's all go
Miniature Golfing at
Swan Lakes Golf Course
850 N. 2200 W. Layton



Sept. 18th, at 11:00 am.
Bring the family and come join me for this fun event before the summer is gone. It includes 18 holes of miniature golf, a Hamburger 🍔, Fries 🍟, Drink 🥤 and it's FREE for you and your children! Paid for by the Waiting Families Fund. Please note, we will cancel if the weather is bad.

Please RSVP to 777-4681.

Hearts Apart Activities are for spouses / loved ones and family of deployed military members. This includes TDY's, deployments, and remote assignments. If you have questions, need more information or just want to talk, call me at 775-4874

Hearts Apart Adviser



Have a fun and safe Labor Day Weekend!

Car Care Program

On the 31st day of a military member's deployment, spouses are authorized a free oil change. Come in and get your voucher for your free oil change! Military members serving remote assignments are entitled to 2 free oil changes per year. This is for Air Force Families only.



Give Parents A Break

September 18th
5:00 PM-9:00 PM
October 16th
9:00 AM-1:00 PM
November 13th
5:00 PM-9:00 Pm

Call the CDC (777-6321) or Youth Center (777-2419) no later than the Wednesday prior to register. You must get a voucher from the Family Support Center. This is for Air Force Families only.

The Hearts Apart Program can put you in touch with your loved one.

Morale Calls - You can make two 15 minute calls per week by calling 777-7221. (The deployed member must provide you with their DSN number.)

Email - You can send and receive email using our Computer Room.

VTC - You can talk to your loved one and see them on TV.

Marketing Yourself for a Second Career

September 8th, 9:00-11:30am

Utah's Best Kept Secrets

September 21st, 5:00-6:00pm

Kids on the Move

September 13th, 3:30-4:30pm

Teens on the Move

September 13th, 3:30-4:30pm

Smooth Move

September 7th & 21st,
1:00-2:00pm

Time Management

September 23rd,
11:30-12:30pm

Stress Management

September 15th,
11:30-12:30pm

WIC

September 10th, 2:00-2:30pm

Create a Spending Plan

September 24th,
9:00-11:00am

To sign up, call 777-4681