

Happy
Halloween!

Family Support Center

October 2004

Hearts Apart Newsletter

Chili Cook-off

This years Air Force Association Chili Cook-off is Saturday, Oct 2nd from 12:00-3:00 pm at Centennial Park Pavilion. Cost is \$4.00/Person \$8.00/Family *ALL YOU CAN EAT!

The Hearts Apart Program can put you in touch with your loved one.

Morale Calls - You can make **two 15 minute calls per week** by calling 777-7221. (The deployed member must provide you with their DSN number.)

Email - You can send and receive email using our Computer Room.

VTC - You can talk to your loved one and see them on TV.

Want more information on separation and reunion?

Then go to www.afcrossroads.com and click on the **Family Separation & Readiness index**.

Car Care Program

On the 31st day of a military member's deployment, spouses are authorized a free oil change. Come in to the Family Support Center and get your voucher for a free oil change! Military members serving remote assignments are entitled to 2 free oil changes per year. This is for Air Force Families only.

Columbus Day Holiday is October 11th!

Please come join me for an exciting journey through a

Corn Maze

Saturday October 23rd at 12:00 pm Sharp. The corner of Sugar Street and Hillfield Road (directly behind Sam's Club in Layton). Some of the fun activities include: walk through corn maze, goat walk, slides, hay bail maze, corn cob cannon, corn box, hay jump, cow train, hayrides and all the children get a pumpkin! I will bring pizza for everyone so we can fuel up before we start. This is free for the spouses and children of deployed military members. Paid for by the Waiting Families Fund.

*Special Note-we will cancel if the weather is bad.

Please RSVP to 777-4681.

Hearts Apart Activities are for spouses/ loved ones and family of deployed military members. This includes TDY's, deployments, remote assignments. If you have questions, need more information or just want to talk, call me at 775-4874 or 777-4681

Hearts Apart Advisor

Don't forget to turn your clocks back one hour on the 31st of October for the end of Daylight Saving time!

Give Parents A Break

October 16th
9:00 AM-1:00 PM
November 13th
5:00 PM-9:00 PM
December 11th
9:00 AM-1:00 PM

Call the CDC (777-6321) or Youth Center (777-2419) no later than the Wednesday prior to register. You must get a voucher from the Family Support Center. This is for Air Force Families only.

Need help mowing the lawn or another chore around the house/yard?

The Junior Enlisted Association has volunteers to assist *one time only* the spouses of military members living in base housing during deployments and remote tours. For more information call the JEA representative at 777-5501.

★ Your Checking & Your Spending

October 22nd, 9:30-11:30am

Utah's Best Kept Secrets

October 26th, 5:00-6:00pm

Kids on the Move

October 4th, 3:30-4:30pm

Teens on the Move

October 4th, 3:30-4:30pm

Smooth Move

October 5th & 19th,
1:00-2:00pm

★ Controlling Anger

October 14th,
11:30-12:30pm

WIC

October 8th, 2:00-2:30pm

ID Theft

October 28th, 4:00-5:00pm

★ Clutter Free Living

October 12th, 11:30-12:30pm

To sign up, call 777-4681